



## BLOOD DONOR QUALIFICATIONS

**AGE:** 17 or older for whole blood donation (parental permission for minors is required in some states)

17 or older for apheresis

**WEIGHT:** At least 110 pounds (50kg.)

**DONORS MUST SHOW IDENTIFICATION CONTAINING LEGAL NAME AND ONE OF THE FOLLOWING:**

- Date of birth
- Social security number
- United Blood Services assigned donor number
- Photo ID

**DONATION FREQUENCY:** At least 8 weeks between whole blood donations  
At least 3 days between platelet, apheresis donations

**DO NOT DONATE IF YOU:**

- Have cold or flu symptoms on day of donation or do not feel well.
- Have taken oral antibiotics in the last three days.
- Have had hepatitis after the age of 11 years.
- Have had close contact with a person who has clinical hepatitis within the past 12 months.
- Have a history of cancer in the past year (except some skin or in situ cancers).
- Have had a tattoo, ear or skin piercing, acupuncture, accidental needlestick or come in contact with someone else's blood in the past 12 months. Ear or skin piercing and acupuncture procedures performed using single use, sterile or properly heat sterilized equipment are acceptable.
- Have received a blood transfusion in the last 12 months.
- Have had malaria within the last three years or traveled to a malaria risk area within last 12 months.
- Are or have been pregnant in the past 6 weeks.
- Have been treated for syphilis or gonorrhea in the past 12 months.
- Have used a needle to inject nonprescription drugs (including steroids).
- Are at risk for HIV exposure, the virus which causes AIDS.

*Please bring a complete list of medications that you have taken in the past month.*